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Pia Melody, author of "Facing Codependence" and "Breaking Free" turns her attention to the toxic experience of a co-addicted relationship. She argues that co-addiction and co-dependence, often confused with one another, are not the same thing - co-dependence is about how a relationship with oneself fails, whereas co-addiction is the result of an unhealthy entanglement with another.

**Facing Love Addiction: Giving Yourself the Power to Change ...**  
She is the author of several extraordinary books, including Facing Codependence, Facing Love Addiction and her latest book, The Intimacy Factor. As one of the pioneers in the field of recovery, she



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developed theories on the effects of childhood trauma that became the foundation for The Meadows ' programs and are, in large measure, the reason for its success.

Pia Melody

The Intimacy Factor: The Ground Rules for Overcoming the Obstacles to Truth, Respect, and Lasting Love 13-Oct-2009. by Pia Melody , Lawrence S. Freundlich. ( 133 ) £ 6.99. In her first book in over 10 years, Pia Melody—author of the groundbreaking bestsellers Facing Codependence and Facing Love Addiction —shares her profound wisdom on what it takes to sustain true intimacy and trusting love in our most vital relationships.

Pia Melody

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She is the author of several extraordinary books, including Facing Codependence, Facing Love Addiction and her latest book, The Intimacy Factor. As one of the pioneers in the field of recovery, she developed theories on the effects of childhood trauma that became the foundation for The Meadows ' programs and are, in large measure, the reason for its success.

Pia Melody - The Meadows Bookstore

Pia Melody is the author of Facing Codependence (4.09 avg rating, 1758 ratings, 108 reviews, published 1989), Facing Love Addiction (4.05 avg rating, 75...

Pia Melody (Author of Facing Codependence)

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Pia Melody, a nationally recognized authority on codependence, is a consultant at The Meadows, a treatment centre for addictions in Wickenburg, Arizona. Andrea Wells Millers has co-authored a number of books including 'Facing Codependence' and 'Breaking Free'.

Facing Love Addiction by Pia Melody: As New (2003) | Ria ...

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She is the author of several extraordinary books, including Facing Codependence, Facing Love Addiction and her latest book, The Intimacy Factor. Pia Melody RN, CSAC As one of the pioneers in the field of recovery, she developed theories on the effects of childhood trauma that became the foundation for The Meadows' €™ programs and are, in large measure, the reason for its success.

Author Pia Melody biography and book list

Pia Melody is an internationally renowned lecturer on the childhood origins of emotional dysfunction. Her recovery workshops have benefited people all over the world and her bestselling books have been translated into many languages.

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Facing Codependence By Pia Melody | Used - World of Books  
Synopsis Pia Melody creates a framework for identifying codependent thinking, emotions and behaviour and provides an effective approach to recovery. Melody sets forth five primary adult symptoms of this crippling condition, then traces their origin to emotional, spiritual, intellectual, physical and sexual abuses that occur in childhood.

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