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Update, Wed 16 Dec

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Weight and Reverse Illness, Using The China Study's Whole-Food, Plant-Based Diet. by Thomas M. Campbell II (Goodreads Author) 4.26

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The Campbell Plan, based on scientific evidence presented in peer reviewed journals and the work of his father in The China Study, along with years of his own personal clinical experience, practicing as a family

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physician in Rochester, NY through the University of Rochester Medical Center brings us information so dearly needed and yet often convoluted in mainstream media.

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The Campbell Plan - Center for Nutrition Studies

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Hardcover – March 24 2015. by Thomas Campbell (Author), T. Colin Campbell Ph.D. (Foreword) 4.5 out of 5 stars 258 ratings. See all formats and editions.

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Book Title: The Campbell Plan: The simple way to lose weight and reverse illness, using the China study's whole-food, plant-based diet.
Author List: Campbell TM Published By: Rodale Books 2015 in Emmaus, Pennsylvania. 2005

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