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The Whole Soy Story is a devastating and authoritative indictment of the safety of soy foods and a "must read" for consumers who are under the misconception that soy foods promote health. Convincingly argued and extensively supported by the medical and scientific literature, it exposes the misleading propaganda of the soy industry in promoting the supposed benefits of this inferior food.

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The Whole Soy Story: The Dark Side of America's Favorite ...

Discover the dark side of America's favorite health food with top nutritionist Dr. Kaayla Daniel as she sheds light on the often contradictory evidence on soy and disease. The Whole Soy Story provides the research to determine which studies are valid, which justify hype and which don't, and why.

Whole Soy Story: The Dark Side of America's Favorite ...

The Whole Soy Story : The Dark Side of Americas Favorite Health Food by Kaayla T. Daniel (2005, Hardcover) The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

The Whole Soy Story : The Dark Side of Americas Favorite ...

The Whole Soy Story: The Dark Side of America's Favorite Health Food. Kaayla T. Daniel. New Trends Publishing, 2005 - Health & Fitness - 457 pages. 3 Reviews. A groundbreaking expose that tells the truth about soy that scientists know but that the soy industry has tried to suppress. Soy is not a health food, does not prevent disease and has not ...

The Whole Soy Story: The Dark Side of America's Favorite ...

Get this from a library! The whole soy story : the dark side of America's favorite health food. [Kaayla T Daniel] -- Explores the myths about soy.

The whole soy story : the dark side of America's favorite ...

The whole soy story : the dark side of America's favorite health food by Daniel, Kaayla T. Publication date 2005 Topics Food & beverage technology, Health & wholefood cookery, Nutrition, General, Health & Fitness, Consumer Health, Health/Fitness, USA, Non-Classifiable, Food Content Guides, Soyfoods, Natural foods, Ernährung, Sojaprodukt

The whole soy story : the dark side of America's favorite ...

The Whole Soy Story: The Dark Side of America's Favorite Health Food, New Trends Publishing, Washington, DC, 2005:30-2. For up-to-date data on soybean production, consumption, product sales and other industry news, see www.soyatech.com. 2. tinyurl.com/43gdx81 3. *ibid.* 4. tinyurl.com/6ccfnaj

Soy Has a Dark Side | Dr. Kaayla Daniel

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